

# Ontario Provincial Open Martial Arts Championships

## NEW - - NEW - - WOMEN'S DIVISIONS

### FORMS

#### LADIES

NOVICE  
INTERMEDIATE  
ADVANCED  
35 & OVER NOVICE  
35 & OVER ADVANCED

### SPARRING

#### LADIES

NOVICE  
INTERMEDIATE  
ADVANCED  
35 & OVER NOVICE  
35 & OVER ADVANCED

### MEN'S 18 YRS. & OVER

MEN'S NOVICE  
MEN'S INTERMEDIATE  
MEN'S ADVANCED  
30 TO 39 NOVICE  
40 & OVER NOVICE  
30 TO 39 ADVANCED  
40 & OVER ADVANCED

### MEN'S 18 YRS. & OVER

NOVICE LW. 165 & UNDER  
NOVICE HW 166 & OVER  
INTER. LW 165 & UNDER  
INTER. HW 166 & UNDER  
ADVANCE LW 165 & UNDER  
ADVANCE HW 166 AND OVER  
30 TO 39 NOVICE  
40 AND OVER NOVICE  
30 TO 39 ADVANCED  
40 AND OVER ADVANCED

### BLACK BELTS

JUNIOR BB 11 AND UNDER  
JUNIOR BB 12 TO 14 YRS.  
JUNIOR BB 15 TO 17 YRS.  
BB GIRLS 17 AND UNDER  
JUNIOR OPEN  
JUNIOR / MUSICAL  
JAPANESE / OKINAWA TRADITIONAL  
CHINESE TRADITIONAL  
KOREAN BB PATTERNS TRADITIONAL  
BLACK BELT OPEN  
BLACK BELT / MUSICAL  
BLACK BELT WOMEN 18 & OVER  
BLACK BELT 30 TO 39 \*\*\*\*  
BLACK BELT 40 AND OVER \*\*\*\*

### BLACK BELTS

JUNIOR BB 11 & UNDER  
JUNIOR BB 12 TO 14 YRS.  
JUNIOR BB 15 TO 17 YRS.  
JR. BB GIRLS 12 TO 14  
JR. BB GIRLS 15 TO 17  
MEN BLACK BELT LIGHTWEIGHT  
MEN BLACK BELT MIDDLEWEIGHT  
MEN BLACK BELT LIGHT HEAVY WT.  
MEN BLACK BELT HEAVYWEIGHT  
BLACK 30 TO 39  
BLACK 40 AND OVER  
LADIES BLACK BELT  
LADIES 35 AND OVER

### BLACK BELT WEAPONS

JR. B. B. 13 AND UNDER  
JR. BLACK BELT OPEN  
BLACK BELTS 18 TO 34  
ADULT OPEN

JR. B.B. 14 TO 17  
JR. MUSICAL  
B.B. 35 AND OVER  
ADULT MUSICAL

**SAFETY EQUIPMENT IS MANDATORY - INCLUDING  
GROIN CUPS IN ALL KUMITE DIVISIONS.  
THIS IS A NO FACIAL CONTACT TOURNAMENT**

# TOUR CANADA

